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First aid kit list and their uses

The following are important items that you need to have in your first aid kit for family health: sterile adhesive bandages in different sizes - for simple cuts or abrasions Butterfly bandages and narrow adhesive tapes - to hold the edges of the cut together, to treat individually packaged, sterile gauze pads (2 and 4) - to control bleeding or secretion and prevent contamination Hypoallergenic adhesive tape - to hold a bandage or splint in place Cylinder of absorbent cotton - as a splint filler Sterile roller bandages (2 and 3) , at least 3 rolls - to support sprained or aching muscles Cotton swabs Thermometer Anti-itching milk or cream - for relief from insect bites, itching and minor irritation of the skin Eye drops Ipecac syrup - provoke vomiting only if it is instructed by a poison control center, emergency personnel or a doctor; keep at hand a one-ounce bottle for each child under the age of five Antiseptic ointment, spray or towels - for wound cleansing Antibiotic ointment - to prevent infection of minor wounds Bottled water - to rinse wounds or drink Face mask - to protect against smoke, dust or allergens Latex gloves - for protection when providing emergency assistance to an injured individual Clean towel - on a pillow or as a wrap on ice ,pharmacy, poison control, etc. First Aid Guide It is also important to have some basic medicines at your fingertips in your family's first aid home. Do not forget to inspect the cabinet every year and dispose of expired medicines. Painkiller - such as acetaminophen, aspirin, ibuprofen, ketoprofen or naproxen sodium - to relieve headaches, muscle aches and joint pains Reduction of fever such as acetaminophen, aspirin or ibuprofen Dekongestant and cough medicine Stomach remedies - for the prevention or treatment of digestive problems, heartburn or stomach discomfort Antihistamine - for allergic reactions and itching Antidiarrheal Eye drops When taking medicines read... Everytime. Always be sure to check the correct dose of the drug, especially when dosing children. Pay special attention to instructions and warnings for use. Be careful when using these medicines together, as some of them contain identical ingredients such as acetaminophen, which can lead to accidental overdose. Do not buy or use any medicine from packaging that shows cuts, tears, slices or other imperfection. Report anything suspicious to the pharmacist or store manager. If you have questions about your medicines, ask your doctor, pharmacist or other healthcare professional. Source: PICTURES PROVIDED; REFERENCES: Medically reviewed by John A. Daller, MD; American Board of Surgery with Subspecialty Certification in Surgical Critical Care July 13, 2017 The above information was provided in part with the kind permission of the Family Health Council (www.chinfo.org). I recently attended the Johnson & Johnson event in New York to commemorate the 125th anniversary of the founding of the United States of York. It's hard no band aids for my blisters or Benadryl for my bug bites. They're both safely tucked into my closet - in my first aid kit. But in 1888 life was not so comfortable, especially for workers in industry. Robert Wood Johnson, founder of Johnson & Johnson, was travelling by rail through the Rocky Mountains when he realised. A railway surgeon told him about the dangers of laying the track and the struggle to provide proper medical care to injured rail workers. The train was often far from established medical centers or even access to sterile medical supplies. Johnson saw the need for fulfillment. He consulted other rail surgeons, and soon the first commercial first aid kit equipped rail surgeons to treat injuries of all kinds. The ingenuity of the set attracted people from different lifestyles. From soldiers to celebrities, first aid kits are often used as the first source to treat injuries in history. 1891 - The first-ever general first aid kits are sold. 1898 - Pocket first aid kits are developed for soldiers in combat during the Spanish-American War. Earle Dickinson created it to help his wife Josephine protect the cuts and burns she received during dinner preparation. 1954 - The Band-Aid debuts on television in a *Emergencies Don't Wait* commercial starring comedian Imogene Coca. 1956 - The first patterned patches, red and blue Stars and Stripes are sold. 1963 - Astronauts bring band-aids into space on their first trip to Mercury. 1987 – Johnson & Johnson becomes an interested partner of Safe Kids Worldwide, a global organization dedicated to preventing child injuries. 2013 - To celebrate the 125th anniversary of the founding of the U.S. The campaign raises funds to organize more than 200 sports safety facilities to teach children about first aid readiness, how to deal with injuries and concussions, and other safety needs. Johnson & Johnson provides a free first aid bag to purchase three or more first aid kit deliveries (such as band-aids, Neosporin products, Johnson & Johnson Red Cross first aid products, and Benadryl anti-mal local products) at your local CVS participating store. For each purchased bag, the brands donate fifteen cents to Safe Kids Worldwide. The best thing for injuries is to practice injury prevention. But if you can't, you can always have band-aid. This content is created and managed by a third party and imported to this page to help users provide their email addresses. More information about this and similar content can be found on piano.io each household should have a first aid kit containing ten basic items. Antiseptic spray such as Neosporin Neo To Go Antiseptic pain relief spray or solution, such as hydrogen peroxide, for cleaning cuts or lacerations prevent infection. Gauze pads Buy large pieces of gauze, which can be cut into smaller pieces if necessary. Gauze is especially important to stop bleeding, since it promotes blood clotting, a way for our body to stop bleeding. Scissors Try to find bandage scissors or trauma scissors that are designed to cut materials such as gauze and adhesive tape. Adhesive tape Thick and durable, this tape is necessary to adhere gauze to the skin. Ace Bandages When wrapped around the limb, they reduce swelling and stabilize sprains and other joint injuries. Disposable adhesive bandages Stock various shapes and sizes. Tweezers You will need them to remove chips, other small impaled objects and even ticks. Ibuprofen: A non-steroidal anti-inflammatory drug (NSAIDs) can relieve pain, reduce inflammation and reduce fever. Burn Gel Use them to relieve pain after burns and help prevent infection. Sterile gloves Help keep wounds clean and first aid provider against contamination. This content is created and managed by a third party and imported to this page to help users provide their email addresses. More information about this and similar content can be found piano.io If you buy something through our links, we can make money from our affiliates. Find out more. Emergencies can and can take place at any time and anywhere without warning at the place of business. If this emergency requires a first aid kit, it is essential to have a fully equipped kit that can deal with minor injuries or diseases. As far as regulations are concerned, all sectors must comply with OSHA 29 CFR 1910.151, regardless of what kind of work employees do. This rule states: Adequate first aid supplies must be readily available in CFR 29 1910.151(a) and (b). However, the first aid scheme must correspond to workplace-specific hazards. The office and the construction site are completely different and the first aid protocol must take this into account. It is important to remember that the aim of the first aid kit is to care for the injured person until emergency care is delivered. That is, if required by healthcare professionals. The key is to have the best first aid kit for your business capable of dealing with an emergency. All first aid kits on this list are in accordance with the Occupational Safety and Health Administration (OSHA) and/or the U.S. National Institute for Standardization (ANSI). Rapid Care First Aid 3 Police All-Purpose First Aid Kit CabinetTop Pick: This Class A+ First Aid Kit complies with OSHA/ANSI Z308.1 2015. It has a whole range of first aid products that meet these standards. It can serve up to 200 people with more than 1,000 items in the kit. This includes united and color-coded items for easy identification along with a first aid brochure. Rapid Care First Aid 80098 3 Shelf All-Purpose First Aid Kit Wardrobe, Class A+, Exceeds OSHA/ANSI Z308.1 2015Buy on AmazonRapid Prvá pomoc 4 Police All-Purpose Extra Wide First Aid Cabinet / Trauma CenterRunner Up: 1,063 1,063 assistance and medical supplies in this kit can be operated by 250 people. The kit meets CLASS B ANSI 2015 standards and OSHA guidelines. It comes with a tourniquet, a blood stopper, reusable splints and trauma pads, along with scissors, bandages and an assortment of medicines. Rapid Care First Aid 865-15-1F 4 Police All-Purpose Extra Purpose Wide First Aid Cabinet/Trauma Center, ANSI 2015 Class B+Buy on AmazonFirst Aid Only 50 First Aid Cabinet with MedicationsBest Value: This kit exceeds the 2015 ANSI Class A requirements. You can treat 50 or more people with content in a case that includes medications, bandages, masks, gloves and more. SmartTab ezRefill System comes with FAO SafetyHub, so you can track usage and inventory. When it runs out, the app reminds you that it's time to resupply the kit. First Aid Only 50 people Large plastic first aid box SmartCompliance with medicinesBuy on AmazonFirst Aid Only 195 Piece First Aid KitNie all first aid kits in accordance with OSHA or ANSI must be large. This first aid only kit is 10.75 x 3 x 11 inches and a little below the pound. But it's still in line with OSHA. It includes 195 basic first aid supplies to treat minor injuries for 50 people. First Aid Only 195 piece first aid kit, OSHA CompliantBuy on AmazonXpress First Aid 250 Piece First Aid KitThis kit meets ANSI A+ standards, type I&II, as well as compliance with OSHA. You get 250 basic first aid supplies that are enough to treat 50 people. It contains wound care items, burns and swelling, and medication in a storage area with a dam for easy identification. Xpress First Aid 250ks First Aid Kit, ANSI/OSHA CompliantBuy on AmazonBe Smart Get Prepared - 351 Piece of First Aid KitThis is a complex kit that meets and exceeds the OSHA ANSI/ISEA 2015 guidelines for 100 people. The case has tilting shelves for easy access to items in the box. The kit includes sterile eye wash, antibiotic ointment, burn cream, instant cold compresses and first aid guides in English and Spanish. Be intelligently prepared - a 351 pcs first aid kit - exceeds OSHA ANSI/ISEA standards for 100 PeopleBuy first aid AmazonRapid Care with a 16 oz eye wash station with the first help kitThere are some industries that require an eyewashing station. This kit complies with OSHA/ANSI and the FDA for eye washing and also includes a first aid kit for 25 people. The eye wash kit comes with a 16 oz bottle of sterile ile isotonic buffer solution. You can use it to flush or irrigate your eyes to remove dust, chemicals and other foreign material, as well as to relieve burning and burning of eyes and skin. Rapid Care First Aid, 16 oz Eye Wash Station with the first help of Kit. OSHA/ANSI & FDA CompliantBuy on AmazonThings to consider emergency situations and first aid KitAs business, you should give emergency exercises regularly to keep your employees safe. That's what go through the first aid kit to learn what's in it and how to use the tools. If you can have one or more employees, get first aid It's going to be so much better. The goal is to be ready when there is an emergency situation, so you can help each other. Expiration date: Check first aid deliveries regularly to make sure they have not expired. Expired medicines can have unintended consequences. Currently, setting a reminder on a PC or app on your phone is easy. Keep your kit in the same place all the time: There's nothing worse than finding a kit when you need it most. Make maintaining and replacing the first aid kit a corporate policy in your place of business. Consider specialized kits for your industry: In addition to a regular fist aid kit, consider a specialized kit if there are industry-specific hazards. Put-away of used items: Some entries may be exhausted earlier than others. Therefore, check your inventory regularly. First Aid Kit Information Guide: Make sure that the information manual in the first aid kit comes from a reliable source. Besides, go through it to know what's in it. This will make it easier to help an injured person under stress from an emergency. It is worth noting that the first aid kit is not a mobile trauma center. But a quality kit should treat minor traumatic injuries such as burns, cuts, stings, splinters, sprains, abrasions and strains. You can also get some heavy kits suitable for EMT. However, you also need to be aware that you are a phone call from medical emergency personnel. If you are not, you should consider a more extensive set to deal with more serious emergencies. READ ALSO: The best commercial hand dryersSearch office wall art3D printers for your businessimages: amazon.com amazon.com

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